

NEWSLETTER 2024

AN EXCEPTIONAL YEAR!

2024 has truly flown by! With the unwavering support of our dedicated board and an expanded team, we've successfully delivered a range of impactful programs across all three pillars of the AHF strategy.



Since 2022, our Research pillar has been focused on delivery of actionable healthcare research. This means that along with ensuring any funded research is of the highest quality and fully aligned with AHF mission, we are committed to supporting

the implementation of project recommendations, so resulting reports don't "sit on the shelf".

Our first [and therefore finest!] example of this strategy coming to fruition was through the recent launch of our UCD delivered **report** into Genetic Testing and Counselling in Ireland, which was accompanied by our **next steps** announcement.

Prof Sally Ann Lynch led the project and both the report and AHF's plans to support implementation have attracted significant attention.

To support implementation of project recommendations, the Adelaide Health Foundation has committed €1.5 million towards the improvement of Ireland's genetic counselling and testing services.

Among the eight recommendations of the report is the establishment of a national educational framework to support the growth of mainstream genetic and genomic testing, and the development of healthcare professional competency in genomic testing and consent procedures.

Through a three-year multi-phase project (2025-2027), and working in conjunction with national, academic and healthcare partners, the Adelaide Health Foundation will support projects which improve the patient experience, commencing with an initial focus on education.

The full report and Next Steps are both available on our website and can be accessed by scanning the below qr codes;







AHF Board Members, Mr. Stephen Franck, Ms. Bernie Conolly, Dr. Tadhg Ó'Cróinín, Ms. Catherine Mac Daid AHF Chair



Dr. Avril Kennan (HRCI), Research Team, Prof Sally Ann Lynch, Dr. Alana Ward, Ms. Debby Lambert





Prof Sally Ann Lynch, Ms. Lucy Nugent, Ms. Catherine Mac Daid, Ms. Niamh Gavin



AHF CEO, Niamh Gavin



Ms Rosemary French, Mr. Rory Brownlee (AHF Board)

All photos courtesy of Tanya Smyth

2024 HEALTH ASSETS AND NEEDS ASSESSMENT OF TALLAGHT

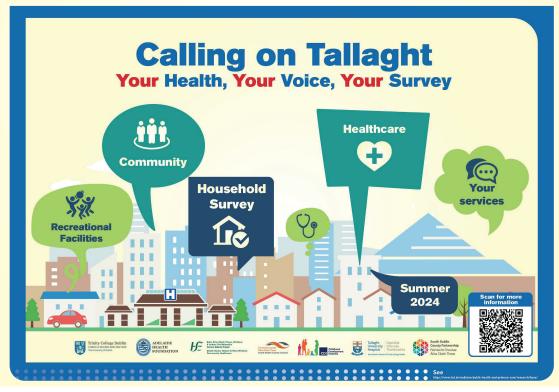
Continuing with research highlights, the report on the recent Health Assets and Needs Assessment [HANA] survey in Tallaght is currently being finalised. Delivered by a dedicated TCD research team led by Associate Professor Catherine Darker, the research gives insight into current experiences of both health and community assets in Tallaght. It will be invaluable in helping predict and shape the future needs of the Tallaght community.

The Adelaide Health Foundation co-funded the project with the HSE Primary Care Community

Healthcare Organisation 7 (CHO7).

Along with the funders and the research team, Tallaght University Hospital, the Childhood Development Initiative, South Dublin County Council and South Dublin County Partnership all actively supported the project, demonstrating a fine example of collaboration towards a common purpose.

We look forward to reviewing the project recommendations and considering how best the Adelaide Health Foundation can engage to support improved services for the Tallaght community.



COMMUNITY HEALTH & WELLBEING GRANT SCHEME

This year the scope of AHF's Community Grant scheme was expanded to include 'Wellbeing'.

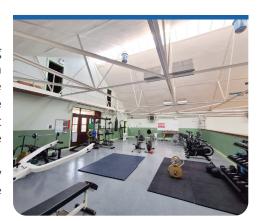
Once again, there was an overwhelming response to our call for applications and €65,000 was awarded across 15 local organisations serving the Dublin 24 area. This year Aisling Doherty, from the HSE's Health and Wellbeing Program participated on the Evaluation panel and provided valuable input into the assessment process. Two of the projects awarded funding are described in more detail.



JOBSTOWN SCHOOL COMPLETION PROJECT

The Jobstown School Completion Programme applied for funding to develop a health and fitness programme for teens who have been identified as potentially at risk of leaving school early, or who are out of school and have not successfully transferred to alternative learning. The funds allowed the team to establish a gym in Mount Seskin Community College, which will have ongoing use for the Community and school student body.

The gym is currently available to 137 senior cycle students. In early 2025, the team plan to extend the use of the gym to junior cycle students and also to open it up to local community organisations.



NEW HOPE RESIDENTIAL CENTRE - CRACK COCAINE RECOVERY COURSE

Crack Cocaine use is a serious public health concern and drug services are working hard to address the issue, raise awareness and mitigate against the effects.

New Hope Residential Centre was awarded AHF funding to support the roll out of two Crack Cocaine Recovery Courses, with each course ending with an outing to promote a healthy and drug free lifestyle.

The Rugby House course is an evidenced base course

New Hope Residential Centre

which is hard hitting and effective at addressing Crack Cocaine use. Not only is the course effective in addressing public health issues, but it also produces a secondary outcome in that it gives each client a sense of achievement and accomplishment in finishing what they started, with successful participants receiving a completion certificate.

Two outings celebrated the completion of the course - a one-day hike to Glendalough and a two-day camping trip to Drestown House in Meath.

Below a photo of camping trip group.



Innovate Health Tallaght University Hospital

€100,000 INVESTMENT IN INNOVATION FOR TUH PROJECTS

In November 2024 we collaborated with TUH Innovate Health on our 'New Initiatives' funding scheme. The scheme provides seed funding for projects that will improve the TUH patient experience.

We have commenced the process to review the 26 applications received, and we look forward to communicating with successful applicants early in 2025.

SUPPORTING ACCESS TO EDUCATION FOR HEALTHCARE STUDENTS AND STAFF

EDUCATION

We have spent significant time undertaking a full review of **AHF Scholarships and Awards**, which will be relaunched early 2025.

As part of this review, we are delighted to announce the Seville Award, which will be a 4th year Student nurse award recognising Care, Compassion & Commitment. This is to mark the contributions to nursing and to patient care of Miss Yvonne Seville, who was appointed Matron of the Adelaide Hospital in 1993, and oversaw the patient and nursing move to TUH in 1998. While Miss Seville has now retired from AHF Board, she

maintains a strong interest in nursing education.

Following a successful pilot in 2023 of the new Mansfield Scholarship, which supported 21 nurses to attend 15 different conferences and education programmes, it was agreed to run for a second year. Beneficiaries of the 2023 scheme included staff nurses, Clinical Nurse Managers, Clinical Nurse Specialists and Advanced Nurse Practitioners. We look forward to updating you on the outcome of the 2024 scheme.

We enhanced communications to build awareness of AHF Nursing Bursary scheme.

This has contributed to an overwhelming number of applications received for 2024 scheme. Since AHF Mature Nursing Bursary has now been running for 3 years, a full evaluation of the scheme will be undertaken early in 2025.

During 2024, we surveyed all 2023 bursary recipients to gain fuller understanding of the impact the Bursary has in supporting their studies.

We have included a snapshot of their feedback in our newsletter.

AHF BOARD & TEAM

We currently have 12 board members: Chair Catherine Mac Daid is supported by Rory Brownlee, Bernadette Conolly, Marie Louise Delahunty, Peter Fitzpatrick, Stephen Franck, Eleanor Galvin, Sinéad Keavey, David Moore, Triona Murphy, Tadhg Ó'Cróinín and Lesley Williams.

CEO Niamh Gavin supports the Board and Esther Nyambura and Victoria Boughton support both

the Board, Board Sub-Groups and the CEO to deliver a range of programmes across the pillars of Community, Research and Education.

The contribution of Board and Team throughout 2024 has produced significant outcomes, with wide-ranging and meaningful impact.

We acknowledge and appreciate our members, donors and supporters – many of whom connect back to Adelaide Hospital days!

FAREWELL TO LUCY NUGENT

We wish TUH CEO, Lucy Nugent every success as she takes up her role of CEO of Children's Health Ireland, after 10 years with Tallaght University Hospital.

In her six years as CEO, she has steered the ship through challenging times. We have appreciated an open working relationship and think her "can do" approach will greatly benefit CHI.



'WHAT IMPACT [IF ANY] HAS RECEIVING THE BURSARY HAD ON YOUR STUDENT EXPERIENCE?'

It lifted
some pressure
off me in regards
to travel expenses
and paying for
food

It had made
my experience
a lot easier it had
covered my travel
expenses as I am
travelling from Laois
to tallaght for
placement

It's made college possible for me It helped me focus on my studies as I didn't have to get any extra hours on my job to get extra money for my expenses in school.

It made me more financially stable

It relived
stress from
having to work as a
care assistant during
placement and also
helped pay my
bills

It allowed me

to sustain my

place during times

of financial burdens

of placement and

household bills

Made my
experience
so much easier.
We have struggled
financially on many
occasions and it gave
us a massive relief
to know that we
would be ok.

It
took a lot
of pressure off me
during my placements
and and it was greatly
beneficial towards all of
my expenses as we only
receive €16 a week while
on unpaid placement
for 31hours a
week.

It has made it
easier to deal
with the costs of
travelling to Tallaght
and college

It
has made
it that bit
easier trying to
balance work
and college
life

It has
helped my
financially with
college fees and
childcare costs as
they went up and I
no longer work full
time no more.

A lot less stress regarding fees and money Relieved financial pressure off me . Allowed me to pay for placement accomodation , transport , groceries etc wouldn't have finished the year without the help

It
has made
it easier by
helping to cover
the cost of transport,
feeding,placement
shoes and other
expenses during
placement

It has had a massive impact in helping with costs whilst studying.

Helped a lot with affording accommodation and travel to placement The bursary
has helped me
immensely from a
financial standpoint. It
alleviated financially stress
and allowed me to focus
more on my
studies.

Majorly reduced
the financial
burden of living day
to day whilst on
placement.



Members

Adams, Ms Valerie Anderson, Mrs Susan Ardis, Rev E.G. Armstrong, Mrs Elizabeth M & Anne Atock, Mr & Mrs Alex & Sherley Bain, Rev Desmond Barden, Ms Patricia Barnardo, Mrs Caroline Barry, Prof. Joe Beattie, Ms Gladys Jean Bell, Mr Alec Benson, Mrs Iris Bewley, Mrs Shirley Blackwell, Mrs Elizabeth M Bleakley, Mr G.H. Boland, Mr & Mrs Michael & Mary Boyd, Dr Maureen Boyle, Mrs Thea Bradshaw, Mr & Mrs Brian & Rhoda Brookes, Mrs Olga Brooks, Mr & Mrs Maurice & Hilary Brownlee, Mr Rory Bruton, Mrs Joan **Budd. Hon Justice Declan** Byrne, Mrs Mary Caplin, Mrs Frances Carroll, Mrs Avril Chambers, Mrs Judy Checkett, Ms Iris Christie, Mr & Mrs Cedric & Katharine Clarke, Mrs Ruth Clarke, Ms Susan P Cockrill, Miss Lorna Conolly, Ms Bernadette

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Pamela

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Legacies and Bequests Received

In Memory of Fanny & Wally Winn Sweetnam, Mrs, Hazel