

NEWSLETTER 2020

n behalf of the Board of Directors I am pleased to update you on the work of the foundation. Due to an unprecedented and challenging year for us all, the format of our annual update is different. Nonetheless, it presents a very positive account of the year's activity.

The Foundation Board meetings were conducted over Zoom. All adapted very quickly and a very busy agenda was enabled to progress.

Our Strategic Plan has delivered on all of its objectives which are featured throughout this update. We made reference last year to the requirement to update the organisations Memorandum and Articles in line with the Companies Act 2014. This work has now been completed, approved by the Foundation Board and adopted at our AGM. A proposal to change the company from the Adelaide Hospital Society to the business name of the Adelaide Health Foundation, having been agreed by the Board, was also adopted at the AGM.

Continuing our work under the governance theme, a Board Handbook is nearing completion, which includes a Governance Code, with all policies, procedures and sub-group terms of reference. It will serve many purposes including as an aid for the induction of new Board members.



Members of our Board and the chairpersons of our subgroups have given so generously of their time and expertise that I wish to take this opportunity to acknowledge their dedication and commitment to the Foundation. They are: Rory Brownlee, Marie Louise Delahunty, Peter Fitzpatrick, Stephen Franck, Rosie French, David Moore, Triona Murphy, Gerard O'Connor, Yvonne Seville, Hugh Sullivan and Lesley Williams.

My thanks to Esther who has embraced many changes to bring our systems online amongst other initiatives. Our CEO Niamh Gavin has worked tirelessly in keeping all the work of the Foundation running smoothly within budget and within time-frames. On behalf of my colleague directors we extend to her our sincere thanks.

We also wish to acknowledge the input of directors who have retired most recently. It had been our intention to invite retired trustees to an event this year but unfortunately the Covid pandemic put a stop to that.

Until we can gather together again we would like to formally thank the following for their immense contribution to the Foundation: Joseph Barry, Karen Farrar, Alan Gillis, Ian Graham, Lynda Hamilton, Gerard O'Connor, Philip Odlum and Marion Wilson. Also Peter Kemp who continues to serve as a co-opted member of the Investment sub-group.

May I express my best wishes and hope for us all for 2021.



Catherine Mac Daid Chair November 2020

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CEO UPDATE

2020 is a year that will remain etched in all our memories for ever! As we missed out on the opportunity to connect in person during the year, we are using this newsletter to update you on a number of significant milestones achieved.

A key objective for the AHF in recent times has been to support the development of the Foundation's Research offering, and incorporation into AHF's overall strategy. A full strategic review was undertaken of our work in this area and we are pleased to advise the recent launch of a research study into Genetic Testing and Genetic Counselling Services in Ireland. We remain keen to support high-quality research which aligns with the AHF's mission and values, is patient focussed and fulfils a pressing health service demand. It is anticipated that a successful research project could lead to a practical outcome. More information is available on our website www.adelaide.ie

As Catherine has referenced. our focus on Governance remains strong and our work towards adoption of the Charity Regulator's code in preparation for mandatory reporting has progressed at pace. All sub-groups are in the process of identifying the risks coming under their remit and reporting on risk will be introduced as a standing item for 2021 Board Agendas.

Hospital and community projects feature strongly in the work of the AHF and in late 2019 the AHF was delighted to support a large project linking both. A cardiac screening and testing centre for Cardiac Risk in the Young [CRY] opened in a



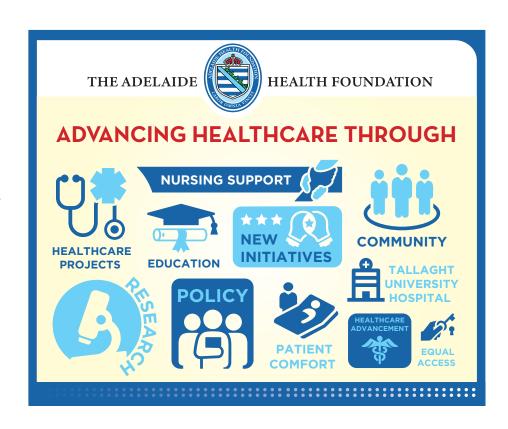
new facility at Tallaght Cross West. The AHF donated the two Echo Scanners for the new centre and there is permanent recognition of the foundation's contribution

as the scanning rooms are named AHF Echo 1 and AHF Echo 2.

Team work remains a key feature of the foundation as we could not deliver what we do without an extremely engaged and committed Chair and Board. My colleague Esther Nyambura has also had a very productive year and has upskilled in a range of areas, mostly technology related.

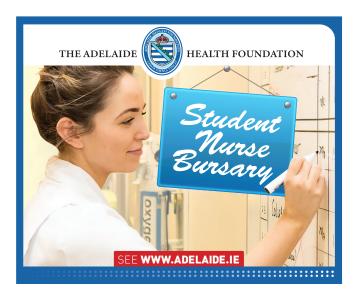
We reach the end of 2020 with a real sense of achievement despite such challenging times. Special thanks to all of our members and supporters for your engagement and contribution and we hope you enjoying reading about some of our activity in 2020.

Niamh Gavin CEO





YEAR OF THE NURSE



You may know that 2020 was designated the Year of the Nurse. With support of nursing being such a key focus for the foundation we were very keen to officially mark this at an event during the year. Unfortunately, as with many events planned for 2020, this was not to be!

We have though liaised closely with Aine Lynch, TUH Director of Nursing throughout the year, both providing support and being kept updated on the immense amount of activity in the area, which was not all Covid related!

We were delighted to recently attend the on-line graduation for the class of 2020 and it was really heartening to hear that 92% of that group are remaining in TUH.

2020 Nursing bursaries

It's been a difficult year for all involved in Nursing, and not least the leaving cert students who have now taken up their places with TCD and will be placed in Tallaght University Hospital. Congratulations to them for reaching this stage and the best of luck throughout the next few

This year's Nursing Bursary Scheme is heavily subscribed and we are currently in the process of allocating bursaries for incoming students attached to Tallaght University Hospital.

The Hannah McDowell Scholarship

Every year the AHF awards the Hannah McDowall Scholarship (€2,000) to the student nurse attached to Tallaght University Hospital who achieves the highest score, at distinction level, in the TCD first year annual examination.

The Hannah McDowall Scholarship is awarded in memory of Staff Nurse Hannah McDowall (1976-2001) who died while on duty in TUH ED.

The 2019/20 Adelaide Hannah McDowall Scholar is Katie Conlan.



We're sharing below a selection of the feedback received from those recently granted bursaries

From the bottom of my heart I'd like to thank the Adelaide school for awarding me a bursary. This will make a massive difference to my education and training, words can't express my gratitude and appreciation.

Just wanted to say a massive thank you. Again you and the team have really made a difference to us as a family. Also it is our intention to give back what you have given us sometime in the near future.

Thank you once again and merry Christmas to you all of you.

I just want to say a massive thank you for granting me this bursary. It really means a lot and helps my family with my fees. I have submitted the documents you need, and once again thank you very much.



RESPONSE TO IMPACT OF COVID-19

ART PACKS FOR PATIENTS

At the beginning of the (first) lockdown, we were delighted to join with the Meath Foundation to fund ARTS4ALL. This initiative was devised by the Hospital Arts Team who designed and produced a series of art packs for patients to encourage creativity, self-expression and to somewhat ease boredom.

Art Packs included Colouring, Weaving,



ROBERT GRAVES & REMOTE TEACHING

The pandemic presented additional challenges to the Centre of Learning and Development with real issues arising for on-going training.

The AHF joined with the Robert Graves Post **Graduate Centre Steering** Committee in funding a new videoconferencing system in Robert Graves Centre. The system can be used for live remote teaching,



Pictured from left to right Niamh Gavin, AHF CEO, Professor David Kane, Consultant Rheumatologist; Professor Greg Swanwick, Consultant Psychiatrist and Shauna Ennis, Head of Learning & Development

demonstration of clinical skills as well as boardroom and multi-disciplinary team meetings across a number of sites. This will for the first time develop an integrated educational network with primary care.

VIRTUAL BEREAVEMENT SERVICE

Each November, TUH traditionally remember loved ones who have died, when bereaved families are invited back to the Hospital to join in a service of remembrance.

As with so much else in 2020, it wasn't possible to hold this service in November. Instead, the Pastoral Care team created a beautiful and moving virtual service, which was accompanied by singing and music. The AHF funded the service which can be viewed on YouTube or accessed through TUH's homepage www.tuh.ie

PATIENT CARE **PACKAGES**

As a result of the pandemic. visiting restrictions were introduced in Tallaght University Hospital (TUH) in March 2020.

A new service, Patient Care Package [PCP] was introduced. This is where family members bring in personal items for their loved one and leave it with the PCP team who deliver it to the relevant ward/unit area on the same day. Families can also collect items to take home for washing. Between April and July alone, 4,500 packages were processed between inpatients and families.

Initially TUH staff were redeployed from their existing roles to provide the service six days a week. As restrictions eased and more normal service resumed, staff went back to their roles. Unfortunately though, TUH was unable to lift visiting restrictions.

The Adelaide Health **Foundation** have provided funding to enable this vital patient service to continue.





The principle object of the Adelaide Health Foundation is "the advancement of healthcare through advocacy, research, education and support"

Our Mission

A voluntary foundation committed to supporting education, policy and research to advance and promote equitable health & healthcare in Ireland, with a particular focus on Tallaght Hospital and the community it serves.



Our Values

- Equal access to quality health care for all
- · Respect for the patient's dignity and right to influence their Healthcare
- Independence in opinion and action of the Foundation and Medical Practitioners, including but not confined to the fields of ethics and genetics.
- Supporting public and patient involvement in health and healthcare.
- · Engagement with Tallaght Hospital and the community it serves.
- · Evidence-based healthcare provision
- The promotion of excellence in education and research

Our Vision

Our vision is to be an independent not-forprofit health foundation that seeks to advance healthcare in a way that:

- is centred upon the dignity of every human
- · treats mind, body and spirit holistically, and
- · provides equal access to healthcare based upon medical need

Promoting Excellence in healthcare through Advocacy, Research, Education and Support



Member Names

Adams, Ms, Valerie Alford, Rev, W.L. Algeo, Mrs, Heather Al-Maskari, Mrs, Alison Anderson, Mrs, Susan Appleyard, Ms, Louisa Ardis, Rev, E.G. Armstrong, Mrs, E.M. Athey, Mrs, Daphne Atock, Mr & Mrs, Alex & Sherley Bailey, Mr & Mrs, John & Mary Bain, Rev, Des Barden, Ms, Patricia Barnardo, Mrs, Caroline Barry, Prof, Joe Beattie, Ms, Gladys Jean Bell, Mr, Alec Bell, Mrs, Patricia Benson, Mrs, Iris Bewley, Mrs, Shirley Blackmore, Mr & Mrs, Kenneth & Joan Blackwell, Mrs, Meriel Bleakley, Mr, G.H. Boland, Mr & Mrs, Michael & Mary Boyd, Dr. Maureen Boyd, Mrs, E.C. Boyle, Mrs, Thea Bradshaw, Mr & Mrs, Brian & Rhoda Brady, Mr& Mrs D & P Brennan, Ms, Bernadette Brickley, Mrs, Margaret Brookes, Mrs, Olga Brooks, Mr & Mrs, Maurice & Hilary Browne, Mr, Liam Brownlee, Mr, Rory Bruton, Mrs, Joan Budd, Hon Justice, Declan Burry, Mr, R.D. Byrne, Mr & Mrs, Michael & Pat Byrne, Mrs, Mary Caplin, Mrs, Frances Carroll, Mr, Henry Carroll, Mrs, Avril Chambers, Mrs, Judy Champ, Mrs, Audrey Checkett, Ms, Iris Christie, Mr & Mrs, C & K Clarke, Mr, George Clarke, Mrs, Ruth Clarke, Ms, Susan P Cockrill, Miss, L. Comiskey, Mr & Mrs, Don Conlon, Prof, Kevin Cooke, Miss, Janet Cornish-Browne, Ms, Deirdre Crampton, Rev & Mrs, Leslie & Janet

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DONORS

Donegal

Crean, Mrs, Karen

Antrim St Peter's Church, Killaghtee
Carlow St Mary's Church, Rathvilly
Cavan Castlepollard & Oldcastle Union
of Parishes
Kildallon Parish, Kilmore Diocese

Kildrumferton Parish Church Laghey Parish Church Donegal Parish Church

Stranorlar & Meenglass Parish

Down St Matthew's Parish Church,

Broomhedge

Brady, Mr & Mrs, Dolores & Patrick
Clontarf and Scots Presbyterian Church
French, Mr & Mrs, Ian & Rosie
Gillis, Mr, Douglas
Graham, Mr, Alan
Castleknock & Mulhuddart with Clonsilla.
The Ladies Guild, Holy Trininty. Killiney
St Paul's, Glenageary
Holy Trinity United Parish with Harold's Cross
St Mary's Church, Crumlin
Smith, Mr, Thomas
Ward, Ms, Siobhan

Dublin

Kildare Stradbally Union of Parishes
Laois The Abbeyleix & Killermogh Uninon of
Parishes.

Longford Killashee & Ballymacormack Parish
Meath Dunboyne Union of Parishes
Monaghan Monaghan Parish Church
Stigo St George's Church, Tubbercurry

Sweetings Smarth, Tubbercury

Sweetings, Mrs, Hazel (In memory of Fanny &

Wally Finn)
Tyrone BARR LOL 189

Selvey, Mr, Henry

Seville, Miss, Y.

Pomeroy District No 5 L.O.L
Westmeath Mullingar Presbyterian Church
Wexford Christ Church, Gorey

MacLachlan, Mr, J.B.
Wicklow St Peter's Parish, Kiltegan