



ADELAIDE
HEALTH
FOUNDATION

NEWSLETTER 2022

AHF STRATEGY TO END 2025

As we reach the end of 2022, we wish to share detail of our new three year Strategy, which the board and team have invested much work into over recent months.

The strategy remains focussed on fulfilment of the mission ...

Through support of education and research, to advance and promote equitable access to healthcare services in Ireland, with a particular focus on Tallaght University Hospital and the community it serves.

We have clarified the three pillars which drive the work of the foundation and agreed objectives for each.



COMMUNITY

1

COMMUNITY PILLAR

Improving healthcare in the local community

- Supporting innovative solutions for the supply of healthcare services in the Tallaght area
- Funding integrated care in projects between Tallaght community primary care & hospital



RESEARCH

2

RESEARCH PILLAR

Delivering actionable healthcare research

- Funding healthcare research in line with AHF mission, vision and values
- Driving the implementation of research recommendations



EDUCATION

3

EDUCATION PILLAR

Supporting access to education for healthcare students and staff

- Support student nurse attraction and retention
- Improved educational opportunities for all healthcare students

We will keep you posted on our progress.



THANKS TO OUR VERY DEDICATED BOARD

It was a year of active engagement for AHF Board, who were delighted to have the opportunity to meet in person on a couple of occasions. The foundation also has a number of sub-groups which include

Education, Research, Support, Governance, Finance & Investment. Sub-group meetings tend to be virtual as time savings are welcomed by all!

AHF board members include Rory Brownlee, Marie Louise

Delahunty, Peter Fitzpatrick, Stephen Franck, Sinéad Keavey, Catherine Mac Daid [Chair], David Moore, Triona Murphy, Tadhg Ó'Cróinín, Hugh Sullivan and Lesley Williams.

FAREWELL AND HUGE THANKS TO YVONNE SEVILLE!

Yvonne Seville has retired from the Board of the Foundation after many years' truly dedicated service. A nurse to her core, Yvonne was appointed Matron of the Adelaide Hospital in 1993. She was instrumental in planning the move to Tallaght in 1998 from a nursing and patient perspective, embracing the amalgamated nursing school that arose out of the merger of the base hospitals.

Yvonne has always had a passion for patient care – and her mantra “the patient, the patient, the patient” will echo for many.

Yvonne contributed significantly to the development of the foundation from before it came into being and has been a committed, loyal and passionate supporter for more years than she would care to count.

We look forward to welcoming Yvonne, and all friends of the Adelaide to one of the events



currently in planning to mark the 25th Anniversary of the hospital in June 2023. We'll keep you posted!

DELIVERING ACTIONABLE HEALTHCARE RESEARCH

The mid way point of the foundation's Genetic Testing and Counselling research project has been reached by a very passionate and engaged team. Separately but connected, we are very pleased to advise that a national Genetics and Genomics Strategy is being progressed by Chief Clinical Officer Colm Henry's office.

A steering group was convened in May and has progressed quickly. We have observed that the patient voice appears to be key and that a wide range of collaborators have been involved in the process.

The strategy document is due for publication shortly, and we understand it to be at a high level with much left to shape in implementation. It seems that

some recommendations should link directly with AHF project recommendations which we hope will guide our next action in this area.

It is really positive news that this national project has been prioritised. This is due in no small way to much campaigning for improved services by various advocates, many of whom are connected with the foundation.

IMPROVING HEALTHCARE IN THE LOCAL COMMUNITY

- Supporting innovative solutions for the supply of healthcare services in the Tallaght area
- Funding integrated care in projects between Tallaght community primary care & hospital

March saw the launch of the 2022 Community Health Grants scheme. The scheme was created to ensure that healthcare is available to all based upon health needs and not on financial means. Local community organisations apply for funding for projects which specifically provide service or supports within the healthcare field. A wide variety of organisations applied for funding in 2022, and some really worthy projects were funded including:

An Cosán

Project to empower women and children left furthest behind through learning, leadership and enterprise.



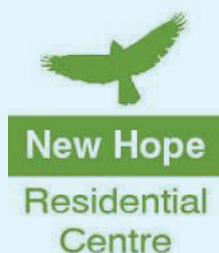
Barnardos

(Special Needs Service) – To build and Equip a Sensory Room.



Saoirse Domestic Violence Service

To extend the service to run family fun nights, external garden project and a summer project - for families trying to rebuild relationship.



New Hope

12 week Health promotion course for 16 male residents



Kingswood/Kilnamanagh Active Age Club

Funding for aerobics sessions

ICU PATIENT DIARY

We were happy to extend funding for patient diaries in ICU. This nurse-led initiative is aimed at reducing the psychological stress for patients following an ICU stay. A daily entry is documented by the nurse and family, including phone calls and any visits from families. The diary is then given to

the patient on discharge to help them remember events during their stay in ICU. Family members found this particularly comforting when they have been unable to be present with their loved one, particularly during the pandemic.

The evaluation process showed that after reading

the diary patients have “made more sense” of their ICU stay and have reported the diary as a very positive tool in their rehabilitation following critical illness.

Patient's families also reported the diary as a helpful tool in understanding their loved ones journey during their ICU stay.

LET'S TALK ABOUT

We partnered again with TUH for their 'Let's Talk About' podcast series, which looks at the brain and ways to mind it and keep it healthy.

Each episode in the series is approximately 15 minutes long and targeted at anyone who wants to learn more about their brain. Since it is mission control for how we move, our senses, thought and reasoning, emotions, memory and really vital functions such as heart rate and breathing, we should all pay it some attention!

The six 15 minutes long episodes cover topics such as



the importance of movement, reducing the risk of stroke, living well with dementia and the importance of a healthy heart. The series can be located

on TUH YouTube Channel, Facebook page, Spotify and Podbean and has been expertly co-ordinated by Joanne Coffey.

New Initiatives

We were delighted to pilot a partnership with Innovate Health recently for AHF annual New Initiatives Scheme. There is huge work going on in innovation in TUH and the team provide invaluable support and direction to those staff with ideas to improve patient care.

A record number of applications were received from a wide range of hospital departments. Some really quality innovations have been submitted, and we are working with the team to ensure that maximum benefit can be achieved. Also due to the increased quantity and quality of applications received, AHF Board have approved an increased budget for the pilot.



Pastoral Care – Identical Hearts initiative

We shared news last December of the permanent memorial installed in the garden beside the hospital chapel, a sculpture based on the identical hearts initiative introduced by Pastoral Care during the pandemic.

We are delighted to support Pastoral Care to continue with the identical hearts initiative.

The initiative involves TUH healthcare chaplains incorporating into their end of life care the practice of placing a handcrafted heart in the hand of a dying or deceased patient - with an identical heart being given to next of kin/family member. It has been greatly appreciated by the bereaved, many of whom have described the comfort this brings them in the early stages of grief and the closeness they feel to their deceased relative.



SUPPORTING ACCESS TO EDUCATION FOR HEALTHCARE STUDENTS AND STAFF

Our main objectives under the education pillar are to:

- Support student nurse attraction and retention
- Facilitate access to educational opportunities for all healthcare students

As you will be aware, there is a shortage of nurses nationwide. TUH along with all other hospitals are putting huge focus into addressing this. We aim to complement this effort and we spent much of 2022 further developing our understanding of student nurse needs.

Whilst the majority of student nurses come directly from Leaving Certificate, there are also many non-school leavers interested in pursuing a nursing career. They may have studied another course or embarked

on a different career. There is a low number of places available to mature students and it can be difficult for those interested in a nursing career to obtain information about how to access the limited places available.

Also, many mature applicants will be juggling work, life and family, and there can be an added complication when the decision to study nursing means sacrificing an income.

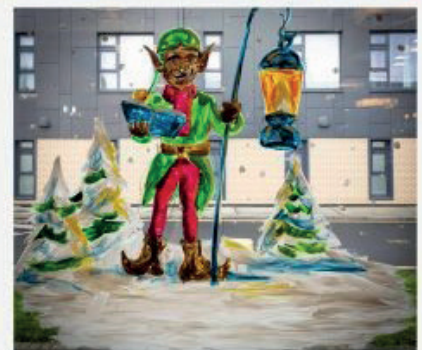
The main deliverables under the Education pillar in 2022 include:

- We have maintained the bursary criteria introduced in 2021 to ensure that low income households are not disproportionately disadvantaged when compared with households

with full income from social welfare.

- We have introduced a new and separate bursary stream for mature applicants.
- We have secured five extra mature student places for Adelaide School of Nursing [TR093] which means ASN now has highest number of places for mature applicants, with no impact on the school leaver quota.
- We are working with the relevant government department towards ensuring that AHF Bursaries are non-reckonable income for SUSI.
- We have recruited a 4th Year Medical Student to the Education sub-group and we look forward to inviting a student nurse to join in 2023.

CHRISTMAS WISHES FROM THE ADELAIDE HEALTH FOUNDATION!





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McConnell, Prof. David
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Moore, Mrs. Audrey
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Murphy, Ms. Triona
Myerscough, Mr. Robert
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Nolan, Mrs. Iris
Nuzum, Rev. Daniel
Ó Cróinín, Mr. Tadhg
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Odlum, Mr. Philip
O'Donovan, Mrs. Sally
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O'Higgins, Mr. Tom
O'Morain, Prof. Colm .A.
Orr, Dr. Deborah
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Pierpoint, The Ven, David
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Selvey, Mr. Henry
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Taylor, Ms. Heather
Taylor, Ms. Noeleen
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Thompson, Mrs. Elizabeth
Thornton, Mrs. Gretchen
Tomkin, Prof. G.H.
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Williams, Ms. Lesley
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Wilson-Wright, Mr. Robert
Wisdom, Mr. Rod
Witchell, Mrs. Heather
Withrington, Mrs. Josephine E.
Yates, Ms. Freda
Young, Mrs. Rosemary

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Antrim	St Peter's Church, Killaghtee	
Carlow	St Mary's Church, Rathvilly	Kildare
Donegal	Laghey Parish Church	Laois
	Donegal Parish Church	
Down	St. Matthews Parish Church, Broomhedge	Longford

Brady, Mr & Mrs, Dolores & Patrick
French, Mr & Mrs, Ian & Rosie
Gillis, Mr. Ramon (In memory of Douglas Gillis)
St Paul's Church, Glenageary
Castleknock & Mulhuddart with Clonsilla
St Mary's Church, Crumlin
Thornton, Mrs. Gretchen
Stradbally Union of Parishes, Co Laois
The Abbeyleix & Killermogh Union of Parishes
Killashee & Ballymacormack Parish

Meath
Monaghan
Sligo

Tyrone

Waterford
Westmeath
Wexford
Wicklow

Dunboyne Union of Parishes
Monaghan Parish Church
Sweetnam, Mrs. Hazel. In Memory of Fanny and Wally Winn
BARR LOL No. 189
Pomeroy L.O.L District No.5
Stradbally Union of Parishes
Mullingar Presbyterian Church
MacLachlan, Mr. J.B.
Finlay, Mrs. Vera (In Memory of Benjamin Finlay)
St Peter's Parish, Kiltegan

Legacies and Bequests Received

Estate of Mr. Fergusson, George

Estate of Mr. Gibson, William

Estate of Rev. Heney, William Butler

WE HAVE MOVED OFFICE

But not far! We are still located in the atrium in Tallaght University Hospital (where the NCH Foundation were originally based). Please pop in to say hello whenever you are passing.